

# Northbridge News

## News Sheet of the Northbridge Residents

No. 1789

12 January 2018

### CHAIRMANS CORNER

**A VERY HAPPY NEW YEAR TO YOU ALL.**

#### V APARTMENTS

The old Residents have mostly all moved in now and some of the new Residents. There are still more new Residents to come as the apartments are finished.

#### CHRISTMAS DRINKS, MINCE TARTS, CAKE AND MUSIC

Thank you Pat Waite and Valerie Brewster-Willis for organising this evening and Wanda for making the delicious cake and mince tarts served with our drinks and to finish the Christmas theme Rosemary played Christmas Carols for a sing-along.

#### NEW YEARS EVE

A small group of Residents had a sing-along to music and enjoyed a shared supper while we waited for the New Year. Thank you Julia Zuccani and Dave Hunt who organised the music.

#### CHRISTMAS DECORATIONS

A big thank you to David McLellan, Rick Gaudin, Pat Waite and Olive Allonby who helped me take down the decorations. The decorations have a temporary home under the pool table while we find them a permanent home.

Please remember to wear name badges for those of us who remember faces but not always names!

*Marion O'Sullivan, Residents Chairman*

#### NORTHBRIDGE BUGGY

Brian Winsor	Phone 486 1273
	Monday to Thursday
Glenys Siriett	Phone 486 5764
Jim Nicholson	Phone 486 2257

#### Red Book Update

**Please replace pg 10 of your red folder** regarding what to do in case of medical assistance being required.

The new version is included at the back of this newsletter. The wording has been updated to be clearer. Thank you.

*Admin*

#### Thank you

I just wish to thank Dianne Thackray on behalf of the residents committee for the assistance she has been giving to the residents of the new V block with their shift and one resident in particular with her getting her meals.

*Ross Parlane  
On behalf of the Residents Committee.*

#### **Brian Drumms Corner – Question**

1. Elderflower produces which poison, Cyanide or Hemlock?
2. Which item is not named after its inventor?

a) Macintosh b) Saxophone or c) Frisbee?

#### Functions in D Lounge

Saturday 13<sup>th</sup> January 11am – 4pm  
Monday 15<sup>th</sup> January 10pm – 12pm

## **Bridge – 8 January 2018**

### **North/South Ranks**

1. Liz Milne & David Speary
2. Brian Winsor & Peter Ryder

### **East/West Ranks**

1. Pamela Clement & Val Kivell
2. Kath Singleton & Patricia Williams

*Brian Winsor*

## **Indoor Bowls**

### **Resumes 16 January**

New players needed, lessons available.  
Contact Brian Winsor 486 1273

## **Outdoor Bowls**

### **Resumes 15 January**

## **Yoga**

### **Resumes 25 January**

## **Tai Chi**

### **Resumes 19 January**

### **Mobile Library Bus**

The Mobile Library Bus will be here on  
Monday 22nd January 2018 outside the bus  
shelter on Boundary Drive at 1.45pm

### **Garden Lounge Film**

Sunday 14<sup>th</sup> January at 2pm

“The Viceroy’s House”

Set in India in 1947 when British Rule was  
ending, this is a colourful, interesting bit of  
history and well worth seeing.

Length of film – 1 hr 40 minutes

All welcome, no charge

For new residents, Garden Lounge is  
opposite the fish pond on Garden Walk,  
going South.

*Any queries phone Margaret 488 1767*

### **Lifecare Residents**

It is with sadness we inform you that:

**Robert (Bob) Futch**

Died on the 30<sup>th</sup> December 2017

**Diana Dombroski**

Died on the 5<sup>th</sup> January 2018

Our thoughts are with Bob and Diana’s  
family and friends.

### **Art and Craft**

The art room is broadening out into a ‘lots  
of laughs, art and craft’ starting on 18<sup>th</sup>  
January 2018 on Thursday mornings from  
10am – 12 noon.

Bring your ideas and we will enjoy  
something new

*Ph Valda 486 0501  
Shirley 486 2441*

### **Brian Drumms Corner – Answer**

1. Cyanide
2. Frisbee

### **Helpful Tips**

If you can’t find, or don’t know the landline  
phone number of a business or company,  
ring 018. They will give you the number or  
they will put you straight through for 51c.

If you are pestered by marketeers, ring  
0800 347 328.

*Ris Storey*

### **Guess Who Competition**

Please have entries completed and put in  
the box by lunchtime on Monday 16<sup>th</sup>  
January. The answers and winner will be  
revealed in the newsletter on Friday 20<sup>th</sup>

*Thanks, Dianne*

### Bus Trip



There will be a "mystery" bus trip on Thursday 18<sup>th</sup> January. Please register your name at the Administration Office if you wish to attend.

Meet at 1.00pm by the bus shelter with gold coin for the bus and enough money for a coffee.

*Roger Browne*

### Lost

A pair of prescription glasses with charcoal rims - lost during apartment moves.

If found, please contact the Care Coordinators. Thank you.

### Attention

If anyone has seen a square plant pot, bronze type colour, with Egyptian style design, can it please be returned to Carol Collins as it was removed from outside E203 before it could be moved to her new apartment.

Thank you.

### A Big Thank You

For the gifts and cards at Christmas. With all the yummy chocolates we have eaten we shall have to start our diet!  
Have a lovely new year.

*Lorraine, Frances, Bronwyn,  
Deborah & Lynne*

*P.S. Humidity is high  
– please drink more water*

### For Sale



King single bed, good condition  
Electric back and feet.  
Bedding included \$1200

Can be viewed at D490  
(key at admin office)

*Glenys 021 528398*

### Cakes for all occasions

Whether you need a vanilla, chocolate, strawberry, lemon, black forest or any other cake...please order at the Café.

\$30.00 each.

Homemade pies – delicious big homemade pies for sale at the Café \$4.00 each.

*Thanks, Wanda*





**13<sup>th</sup> January to 19<sup>th</sup> January 2018**

**CAFE 45 - Lunches at Café 45**

**Monday 15 January**

**Main:** Lambs Fry, bacon and onions, creamy mash, seasonal vegetables

**Tuesday 16 January**

**Main:** Vegetarian lasagne, salads or seasonal vegetables

**Wednesday 17 January**

**Main:** Crisp pork belly , gravy, roast potatoes, seasonal vegetables

**Thursday 18 January**

**Main:** Beef and mushroom casserole, potatoes and seasonal vegetables

**Friday 19 January**

**Main:** Fried or Steamed Fish and Chips, coleslaw

**Saturday 20 January**

**Main:** Pie, chips and gravy with seasonal vegetables

**Sunday 21 January**

**Main:** Pickled pork, potato salad, mixed green salad or seasonal vegetables

**Lunch**

Main	\$10.00
Fish & Chips	\$10.00

**Northbridge Activities for the Week**

**Saturday**

8.30am	Croquet	P
1.30pm	Rummikub	FL

**Sunday**

12.30pm	Poker Club	DL
2.00pm	Film	
4.00pm	Petanque	P
4.30pm	Bar	FL

**Monday**

9.00am	Table Tennis	H
1.15pm	Outdoor Bowls	P
1.30pm	Rummikub	FL
6.30pm	Bridge	DL

**Tuesday**

9.00am	Croquet	P
10.00am	500	DL
1.15pm	Indoor Bowls	H

**Wednesday**

1.15pm	Outdoor Bowls	P
4.00pm	Darts	H
4.30pm	Bar	FL

**Thursday**

8.30am	Croquet	P
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**Friday**

9.00am	Table Tennis	H
10.00am	Painting	AR
10.30am	Tai Chi	H
2.30pm	Poker Club	DL
4.30pm	Bar	FL

<b>Venues:</b>	A	Activity Room
	AR	Art Room
	C	Café 45
	FL	Founders' Lounge
	GL	Garden Lounge
	H	Hall
	RHD	R Home Dining RM
	DL	D Lounge
	W	Workshop
	P	Pavilion

# CAFÉ 45

## Monday 15 January – Sunday 21 January 2018

	DINNER 5.45PM PAY DAY BEFORE	BAR ROSTER
<b>Monday 15 January</b>	<b>Dinner:</b> Summer slow cooked lamb with tomato and fennel, mash, seasonal vegetables <b>Dessert:</b> Fruit jelly and custard	
<b>Tuesday 16 January</b>	<b>Dinner:</b> Pork chops with mango salsa, potato wedges, seasonal vegetables <b>Dessert:</b> Warm apple tart and ice cream	
<b>Wednesday 17 January</b>	<b>Dinner:</b> Roast beef, Yorkshire pudding, gravy, roast potatoes, seasonal vegetables <b>Dessert:</b> Poached plums and custard	<b>BAR</b> Valerie Brewster-Willis Noela Klyn
<b>Thursday 18 January</b>	<b>Dinner:</b> Beef Fajitas, potatoes, seasonal vegetables <b>Dessert:</b> Crème Caramel	
<b>Friday 19 January</b>	<b>Dinner:</b> Beer battered fish and chips, seasonal salads <b>Dessert:</b> Ice cream with berry sauce	<b>BAR</b> Bev Wareing Gerald Wareing
<b>Saturday 20 January</b>	<b>Dinner:</b> Chicken a la king, rice, seasonal vegetables <b>Dessert:</b> Trifle	
<b>Sunday 21 January</b>	<b>Dinner:</b> Roast lamb, mint sauce, gravy, roast potatoes, seasonal vegetables <b>Dessert:</b> Creamy coffee tart – whipped cream	<b>BAR</b> Rick Gaudin Valda Millen

**PLEASE NOTE:**

Meal cards cost \$100.00 for 10 meals  
Fish & Chips (Friday night) \$11.50

## **Works Department Update** - Happy New year, what a great summer so far.

### **V Block**

Typically, January can be slow in terms getting stuff done this year is particularly frustrating as there is a lot of stuff to get done especially regards V Block. James has been shaking trees, rattling cages and locking sabres at the highest level with organisations responsible for Telecommunications and Lifts in an effort to get results for the V block residents in residence. Those movements have gone very well and most residents are very happy with their apartments barring the defects, gremlins and less than perfect completion of the building.

CMP are back and should have a full complement of contractor resources, week beginning 15<sup>th</sup> Jan.

There have been no incidents or accidents over the Christmas, New year period and the systems that monitor Fire and Nurse call are operating as they should.

Efforts to resolve issues within apartments are ongoing, it would help coordination of this process if residents could record any outstanding problems not already being addressed by completing a maintenance request form available at admin office which will be forwarded to CMP.

Northbridge Works dept. are here to assist whenever and where ever but not yet responsible for any maintenance or defects within V block at this point.

V block residents please be mindful of the Rubbish and Recycling chutes that sent your waste to the ground level, i.e. please don't drop empty bottles down the chutes they will smash on the way down resulting in a hazard for other residents and staff. Thanks.

### **Stage 2 development.**

We trumpet the erection of the wall that designates the construction site boundary. Next week we expect to see Treescape onsite to remove trees and vegetation followed by Bassets who will be excavating and installing storm water and sanitary services, on completion of these works we can start talking demolition.

Activity around Garden Walk and entrance 2 will progressively ramp up as will Health and Safety risks, as this area is a major thorough fare for vehicles, pedestrian and construction traffic flows.

Please be vigilant and ask for assistance if needed, John will be stationed in this area managing and conducting movements.

There are no disruptions to usual Northbridge activity or daily routine during the above works. Next week we have a coordination meeting with CMP and contractors after which we will inform residents of the works programme and any future disruptions.

Well I know it's only been a brief respite from construction activity with some peace and quiet in the village, hopefully all that are involved can begin the next stage in a relaxed, thoughtful manner after the pre-Christmas madness. Any issues please call me.

### **Maintenance**

We are back to a full complement of staff and contractors next week and after clearing a backlog of requests should resume normal operations.

Wayne and team are straight into apartment upgrades varying in scope albeit a significant number.

Grounds staff are doing hard yards in this heat preparing for stage 2 works and beyond. As well as keeping up with daily duties and seasonal demands so hats off and on again for their efforts.

As always thanks to residents, your patience, cooperation and understanding is appreciated.

***Dave - Works Manager.***

# **SERVICES AVAILABLE AT NORTHBRIDGE**

## **AUDIOLOGY**

Hearing Technology  
Phone for appointment  
0800 142 152

## **MASSAGE**

Linda Jacobs  
Phone for Appointment  
021 067 1417

## **PODIATRY**

Ross Morgan  
Phone for appointment  
027 234 5618

## **PODIATRY**

Jane Howie  
Phone for Appointment  
09 415 0934 or  
022 1730 779

## **PHYSIOTHERAPY**

Darrell Flinn  
Phone for appointment  
Cost ACC:  
Initial Appointment \$30 Private: \$50  
Follow Up Visit \$20 Follow Up \$30  
021 046 6777