

Northbridge News

News Sheet of the Northbridge Residents

No. 1788

22 December 2017

CHAIRMANS CORNER

GUESS THE DATE

Three Residents moved into the the new V Apartments on the 16th of December and one Resident moved their furniture in. No one guessed the 16th so Ris Storey who guessed the 15th and Betty Durham and Valerie Brewster-Willis the 17th will be given prizes on Friday night during Christmas drinks at the bar.

CHRISTMAS DAY LUNCHEON

Christmas Luncheon - 25th of December. Book and pay at the cafe.

CHRISTMAS CAROLS AND DRINKS AT THE BAR

Friday 22nd of December.
Rosemary will play background music and carols.
Come along and sing, listen or chat.
There will be Christmas Cake and Christmas mince tarts to nibble with the crisps.

NEW RESIDENTS

Mr Terry & Mrs Colleen Perreau
Apt V031 (16th December)

Mrs Angela Farrell
Apt V001 (18th December)

Mr Ross & Mrs Judith McWilliams
Apt V029 (20th December)

Mrs Judith Lyden
Apt V003 (21st December)

Welcome to you all.

Thank you Northbridge Trust and James Jordan for the Christmas gift we all received in our letterbox this week.
A wee treat to enjoy over Christmas.

The next Newsletter will be delivered on the 12th of January 2018.

My Best Wishes to you all for a very Happy Christmas and a Prosperous New Year.

Marion O'Sullivan, Residents Chairman

Functions in D Lounge

Saturday 23rd 11am – 2pm
Monday 25th 11am – 4.00pm
Thursday 4th 9am – 10am

NORTHBRIDGE BUGGY

Brian Winsor	Phone 486 1273
Monday to Thursday	
Glenys Siriett	Phone 486 5764
Jim Nicholson	Phone 486 2257

CHRISTMAS OFFICE HOURS

The office will close at 12pm today
Friday 22 December and reopen on
Wednesday 27th. We will close at 5pm on
Friday 29 December and reopen
Wednesday 3rd January.



NEWSLETTER

This is the final newsletter of the year, the first issue of the New Year will be Friday 12 January.

Brian Drumms Corner – Questions

1. Which of these was made an honorary citizen of the USA?
Marie Curie, Mother Theresa, or Margaret Thatcher?
2. Which of these trees is a conifer?
Ash, Hazel or Yew?

Greetings from the Care Coordinators

The Clinic will be closed on Christmas Day

Northbridge Hospital will respond to any emergency pendant calls or you can call the Hospital on 4883082 if you require medical attention.

We wish you all a very merry and healthy Christmas and a Happy New Year.

Lorraine, Frances, Bronwyn, Deborah & Lynne

From all the Residents

We wish to thank the Trust for our Christmas gift of fudge brownie
A lovely and much appreciated gift.
Thank you.

P.s. Residents – when you have eaten the fudge cake, can we please have the wrapping paper and box for our card making group.

Dianne 486 0109

500

Recommences morning of Tuesday 10 January. New players welcome. Contact Brian Winsor 486 1273

Indoor Bowls

Recommences Tuesday 10 January at 1.15pm. New players most welcome, beginners lessons can be arranged. Contact Brian Winsor 486 1273

Outdoor Bowls

Will resume on January 15th

Petanque – Sunday 17 December

Winners

Linda Yan, Olive Allonby, Colleen Agnew

Runners-up

Dawn Stewart, Carol Collins, Sally Going

Thank you to all members of the Petanque group for another year of friendly rivalry. Thank you also for the surprise drinks and snacks after Sunday's game. Don't forget that Christmas Eve and New Year's Eve are our last two games for 2017. A Merry Christmas and a Happy New Year to you all

Leila & Mike Salter

Bridge – Monday 18 December

North/South Ranks

Brian Winsor & Nick Klassen
David Speary & Dorothy Richards

East/West Ranks

Sonja Compton & Peter Ryder
Pamela Clement & Liz Milne

Bridge will resume on January 8th

Brian Winsor

Yoga

Will return on Thursday 25th January

Service Charge Refund

For all those in C & Y type apartments that are due a refund on their service charges, please call in to the Admin Office during the advertised office hours to collect.

Thanks - Heidi

Film - Garden Lounge

Sunday 24th Dec – No movie
Sunday 31st December – HAMPSTEAD
2 hrs 5 minutes

This is inspired by a true story. I am told it is a pleasant film and it was shot in the area on the edge of Hampstead Heath.
All welcome – no charge

Sunday 7th January – No movie

Resident's Association

A big thanks to all those residents who responded to our appeal for the annual donation. Do remember that this is our major source of income.

The office will continue to accept donations.
Please place your cash in an envelope bearing your name and apartment number.

Gerald Wareing - Treasurer

Film Suggestions

At home alone during Christmas weekend?
May I suggest two films if you have an evening to fill in.

Christmas Eve, Sunday 24th Dec, Maori TV at 8.35pm 'Cinema Paradiso'
It may be on a bit late, and a bit long with the adverts, but if you can cope with the sub titles, this award winning film will give you a warm feeling to go to bed with.

Christmas Day, Monday 25th December, Maori TV at 7pm 'Whale Rider'
Our international success.

The Listener did not bother to mention either of them in it's Christmasreviews

David Speary ph 486 1986

Hairdressers Hours

The Salon will be closing for Christmas today December 22 and reopening at the Rest Home on 16 January 2018 and the Village on 18 January 2018
Marie, Alana and Andrea would like to wish everyone a Merry Christmas and a Happy New Year.

Free to a good home

Patio furniture: 2 small chairs and round glass topped table – take away anytime.
See outside my apartments E205.
New V Block apartment deserves new poser stuff!

Betty Wanstall 489 6518

Milford Shopping Bus

Peter will be running the shopping bus to Milford on the following dates:

**Wednesday 27 December
Friday 29 December
Wednesday 3 January
Friday 5 January**

Normal service will resume
Monday 8 January 2018.

Brian Drumms Corner – Answers

1. Mother Theresa
2. Yew

Resident's Bus Trip 14th December Mahurangi Regional Park



L-R Vera Aspden, Nancy Bowman, Glennis Vickers, Eileen Hannah, Pat Ash, John Angus and Dawn Stewart

Thanks to Roger for driving.

Lifecare Residents

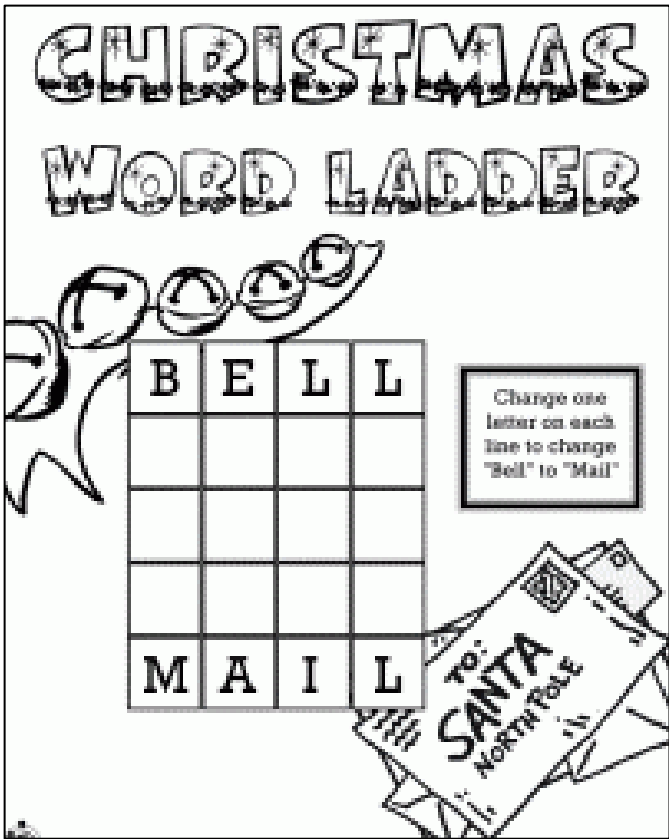
It is with sadness we inform you that
Dorothy Joyce Sweetman
died on the 14 December 2017.

Our thoughts are with Joyce's family and friends.

CHRISTMAS PUZZLES AND FUN



Word Ladder



Guess Who Competition

Can you match the names to the photos???

In the hallway outside Café 45 there is a display of photos (school age) of residents and staff.

To help you a little, there is an alphabetical list of names and all you have to do is match the names to the photos.

Take a form, write your name on the top and guess as many as you can. Pop the form in the box provided. There is plenty of time to think about your answers, we close the competition off on Friday 12 January.

Have fun and GOOD LUCK!
There is a small prize for the winner

Wordsearch

O T K K R I S K R I N G L E E P
A F C V L N A U G H T Y D Q N B
R G H Y L R P B T X L V I P T W
E N I D S B E E Z E Q F P S O O
C O M Z T L M D L H G S U O Y R
N R N B L O N F S N O A C Q S K
A T E S C Z X E I U L H R Y D S
R H Y F R I N K Z C I E O K F H
P P J Z X E C L A T H T Y H L O
Y O W I A O C T I S I H V B O P
K L Z E T N N N A S V L B O D D
K E C S F A M D A N T C B X U O
X I Y L S T O R I D R A E B R N
N E L C H R I S T M A S E V E D
X D L F L R Z S T N E S E R P E
Q P O Q E R E I N D E E R Q S R
P F J N C R G Q S L E I G H N M

Bells	Nice
Beard	North Pole
Blitzen	Prancer
Chimney	Presents
Christmas Eve	Red Suit
Comet	Reindeer
Cupid	Rudolph
Dancer	Santa Claus
Dasher	Sleigh
Elf	Stocking
Hohoho	Toys
Jolly	Workshop
Kris Kringle	
List	
Naughty	

What goes 'Oh, Oh, Oh'?

Santa walking backwards

Why are Christmas trees bad knitters?

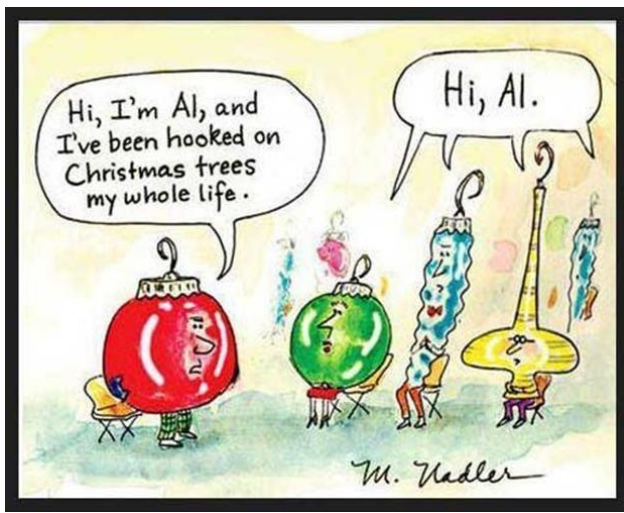
They keep losing their needles

Why was the turkey in the pop group?

Because he was the only one with drumsticks!

What is the best Christmas present?

A broken drum, you can't beat it!



What is Claustrophobia?

The fear of Santa Claus

Why was the snowman looking through the carrots?

He was picking his nose

What is Santa's favourite pizza?

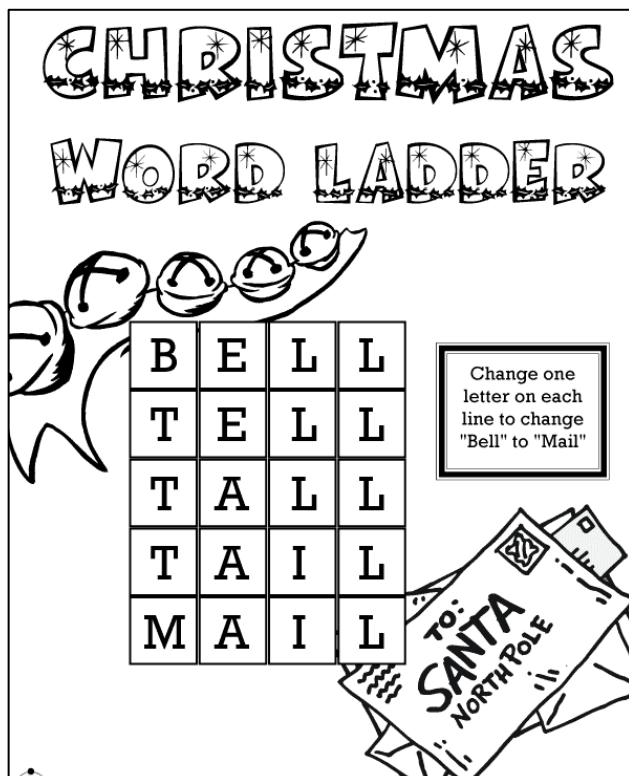
One that's deep-pan, crisp and even

Where do you find reindeer?

It depends on where you leave them!



Word ladder solution



RESIDENT CHRISTMAS DINNERS



Merry Christmas and a Happy New Year to all

From the Northbridge Staff

Works Department Update

On behalf of Works Dept,
I would like to wish all Northbridge residents and families a
happy, fulfilling, healthy and safe Christmas.

Thank you for your support, patience and understanding throughout the first year of development, we are always mindful of the impact that changes and construction brings to bear on your day to day lives and your home environment.

Collectively you have handled the disruptions admirably.

I hope by and large we have met Residents expectations regards service, as we set ourselves high standards to achieve this and strive for improving our delivery of services to all sectors in the Northbridge facility.

From myself, I thank all Northbridge (Hospital, Rest home, Care coordinators, Grounds, Admin) staff and Contractors for your individual and collective efforts this year, a year that has been exciting, challenging and very busy. In going the extra Northbridge Mile makes Northbridge a unique work environment, to get out of bed and enjoy, working alongside teams of great people and I look forward to doing it all again in 2018.

Thanks, and Merry Christmas to Dan and the CMP team for your efforts to finish V BLOCK, no cigar this time.

We appreciate the difficulties in managing a project like this in the current construction climate. And of course, managing and coordinating such a large and diverse resource base is always difficult and brings with it issues and problems that are easy to critique. We have lived and learned through the past two years and I am sure will take the lessons forward to stage 2.

Northbridge staff will be on deck throughout the Christmas / New Year period and as always, contactable via the usual channels.

Kind regards.
Dave
Works Manager.



CAFE 45 - Lunches at Café 45

Monday 25 December

Christmas Dinner – please book and pay at the Café beforehand

Tuesday 26 December

Main: Beef Stroganoff, rice or noodles, seasonal vegetables

Wednesday 27 December

Main: Roast pork loin, apple sauce, gravy, roast potatoes, seasonal vegetables

Thursday 28 December

Main: Oven fried chicken, mash or wedges and gravy, seasonal vegetables

Friday 29 December

Main: Fried or steamed fish and chips, coleslaw

Saturday 30 December

Main: Italian meatballs in rich tomato sauce, mash or spaghetti and seasonal vegetables

Sunday 31 December

Main: Cold meats and salads

Monday 1 January

Main: Roast chicken drumsticks, roasted vegetables, seasonal vegetables

Tuesday 2 January

Main: Mediterranean tuna, pepper and courgette tart, seasonal vegetables

Wednesday 3 January

Main: Roast beef, Yorkshire pudding, pan gravy, roast potatoes and seasonal vegetables

Thursday 4 January

Main: Pork and lemon ragout, potatoes and seasonal vegetables

Friday 5 January

Main: Fried or steamed fish and chips, coleslaw

Saturday 6 January

Main: Lasagne and salads or seasonal vegetables

Sunday 7th January

Main: Summer lamb casserole, potatoes and seasonal vegetables

Monday 8 January

Main: Bacon and egg pie, seasonal vegetables

Tuesday 9 January

Main: Honey and lemon roast drumsticks, wedges and seasonal vegetables

Wednesday 10 January

Main: Roast leg of lamb, roast potatoes, seasonal vegetables

Thursday 11 January

Main: Stir fry beef and cashews, egg fried rice and vegetables

Friday 12 December

Main: Fried or steamed fish and chips, coleslaw

Saturday 13 December

Main: Cottage pie with gravy, seasonal vegetables

Sunday 14 December

Main: Chicken and mushroom pie, potatoes and seasonal vegetables

Lunch

Main	\$10.00
Fish & Chips	\$10.00

CAFÉ 45 Monday 25th December – Sunday 31st December 2017		
	DINNER 5.45PM PAY DAY BEFORE	BAR ROSTER
Monday 25 December	****NO DINNER TONIGHT****	
Tuesday 26 December	Dinner: Chicken a la king, rice/mash, seasonal vegetables Dessert: Crumbly apple cake	
Wednesday 27 December	Dinner: Roast beef rump, Yorkshire pudding, pan gravy, roast potatoes, seasonal vegetables Dessert: Crispy mango tarts	BAR Valerie Brewster-Willis Noela Klyn
Thursday 28 December	Dinner: Teriyaki chicken, potatoes and rice and seasonal vegetables Dessert: Marmalade sponge and custard	
Friday 29 December	Dinner: Beer battered fish and chips, seasonal salads Dessert: Roast plums in port with thick cream	BAR Glenys Siriett Sally Going
Saturday 30 December	Dinner: Beef brisket with bourbon BBQ sauce, potatoes/rice, seasonal vegetables Dessert: Apricot lime sponge pie	
Sunday 31 December	Dinner: Roast lamb, mint sauce, pan gravy, roast potatoes, seasonal vegetables Dessert: Lazy summer puddings	BAR Rick Gaudin Valda Millen
<u>PLEASE NOTE:</u> Meal cards cost \$100.00 for 10 meals Fish & Chips (Friday night) \$11.50 <i>If there is a special item that you would like to see on the menu, or if you have any other suggestions on how we can improve our service, please contact Wanda 488 3098. Bon appetit!</i>		

CAFÉ 45

Monday 1st January – Sunday 7th January 2018

	DINNER 5.45PM PAY DAY BEFORE	BAR ROSTER
Monday 1 January	Dinner: Slow braised pork and potatoes, seasonal vegetables Dessert: Ice cream and strawberry sauce	
Tuesday 2 January	Dinner: Chicken coq-au-vin, rice, seasonal vegetables Dessert: Blueberry cheesecake	
Wednesday 3 January	Dinner: Cold pickled pork and salads Dessert: Fresh fruit salad	BAR Graeme Leaming Rosemary Saunders
Thursday 4 January	Dinner: Jambalaya - prawns and chicken, seasonal vegetables Dessert: Tropical sundae	
Friday 5 January	Dinner: Beer battered fish and chips, seasonal salads Dessert: French apple tart and cream	BAR Mike Salter Hannah Stewart
Saturday 6 January	Dinner: Pepper steak, gravy, mash and seasonal vegetables Dessert: Chocolate brownies	
Sunday 7 January	Dinner: Roast pork, apple sauce, roast potatoes, pan gravy, seasonal vegetables Dessert: Lemon meringue tarts	BAR Val Kivell Brenda Knight

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CAFÉ 45

Monday 8th January – Sunday 14th January 2018

	DINNER 5.45PM PAY DAY BEFORE	BAR ROSTER
Monday 8 January	Dinner: Pork loin chops with apple, mash, gravy, seasonal vegetables Dessert: Apple and almond tart	
Tuesday 9 January	Dinner: Spaghetti bolognese with mixed salad/vegetables Dessert: Tiramisu	
Wednesday 10 January	Dinner: Roast stuffed chicken, pan gravy, roast potatoes and vegetables Dessert: Peaches and custard	BAR Rob Nicholas Nola Booth
Thursday 11 January	Dinner: Steak and kidney pie, mash and vegetables Dessert: Strawberry pavlova	
Friday 12 January	Dinner: Beer battered fish and chips, seasonal salads Dessert: Fresh fruit salad	BAR Glenys Siriett Sally Going
Saturday 13 January	Dinner: Lamb curry and rice, seasonal vegetables Dessert: Custard tart with sliced oranges	
Sunday 14 January	Dinner: Roast beef rump, Yorkshire pudding, gravy, roast potato and seasonal vegetables Dessert: Rhubarb crumble and custard	BAR Vera Aspden Ross Parlane

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SERVICES AVAILABLE AT NORTHBRIDGE

AUDIOLOGY

Hearing Technology
Phone for appointment
0800 142 152

MASSAGE

Linda Jacobs
Phone for Appointment
021 067 1417

PODIATRY

Ross Morgan
Phone for appointment
027 234 5618

PODIATRY

Jane Howie
Phone for Appointment
09 415 0934 or
022 1730 779

PHYSIOTHERAPY

Darrell Flinn
Phone for appointment
Cost ACC:
Initial Appointment \$30 Private: \$50
Follow Up Visit \$20 Follow Up \$30
021 046 6777